

If you're facing a personal challenge or stressful life change, you don't have to go it alone.  
Finding support can help.

# BEREAVEMENT SUPPORT

## "AN OPPORTUNITY TO HEAL"

The grief process is unique to each person. Nonetheless there are certain phases that have been identified in recent years. Those attending have an opportunity to share their experience and learn about the phases of grief. It is quite often a truly healing experience.

Make Connections

Get Support

All are welcome

**The third Tuesday of each month · 7:30-9pm\***

Dr. Michael Meyer, D. Min. has been a grief specialist for over 40 years.

**Age: 18+**

**Price: Free**

**Location: Novi Civic Center**

**Facilitator: Dr. Michael Meyer, O'Brien/Sullivan Funeral Home**

\*Confirm meeting dates and time by calling Older Adult Services

